

# Achievements

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The Coasters Association has had many achievements over the years that it is proud of. Its pride is rooted in its belief that these achievements have contributed to the development and vitality of the region's communities. What follows is a selection of the organization's major initiatives.

In terms of **community and social development**, Coasters has:

## Seniors

- ◆ Established a working committee to promote Health Promotion in 2013.
- ◆ Carried out twenty-seven (27) Health Promotion workshops with seniors from 2008-2013.
- ◆ Partnership established with Local Table for Seniors to provide them with Administrative support since 2010.
- ◆ Six (6) Day Centers established on the Lower North Shore: La Tabatiere, Tête a la Baleine, St. Augustine since 2010, St. Paul's River, Harrington Harbour, and Blanc Sablon in 2013, in partnership with CSL, St. Peter's Parish in St. Paul's River, and Residence aux Beaux Sejour in Lourdes de Blanc Sablon and six (6) animators hired.
- ◆ Seat established on the Coasters Association Board of Directors to represent the seniors of the Lower North Shore in 2010.
- ◆ A needs assessment was conducted and community profiles developed of all communities to determine where Senior Day Centers and Adapted Transport are required in 2010.
- ◆ Resources designed and developed for future day center staff such as: staff resource binders, a health promotions calendar, and information pamphlets, in 2010.
- ◆ Programming material was purchased for set up of the initial pilot site day center in 2010.
- ◆ Carried out five (5) information sessions, one in each municipality to share information on the initiative of Increasing Access to Health Promotion Programs for seniors on the Lower North Shore in 2010.
- ◆ Worked with the Local Table for Seniors and community senior groups, and assisted with the community aspects of the clinical project of CSSSBCN on seniors since 2005.
- ◆ Developed a CD Rom, video and three (3) binders of material in 2004 related to information gathered from seniors about the heritage and culture of Bonne Esperance.

## Women

- ◆ Established partnership with the YWCA and Centre L'Emersion in 2010.
- ◆ Worked to develop programs to improve services and programs for women based upon identified needs.
- ◆ Carried out a trivia contest in every radio station on the coast during the month of International Women's Day (March 2010).
- ◆ Identified the programs, services, resources, and infrastructures available to women on the coast and what would be implemented for them in 2010.

- ◆ Produced a needs assessment report for women and established a Women's Coalition in 2006.

#### Disabled Population

- ◆ Partnership with Group Accessibility in St. Augustine to provide activities for the disabled population through Day Center in 2013.
- ◆ Resource report identifying potential sources of funding at both the provincial and federal levels in regards to establishing a group facility for the physically and intellectually challenge population in 2008.
- ◆ Completed a business plan template to establish a group facility for the physically and intellectually challenge population in 2008.
- ◆ Supported the establishment of the Groupe Accessibility in St. Augustine in 2007, a member of the Steering Committee
- ◆ Worked in partnership with CSSSBCN to improve services and programs for the physically challenged population in 2006 to date, and assisted with various projects.
- ◆ Carried out a study on services for the physically and mentally challenged in 2006.
- ◆ Seat established representing the disabled population on the LNS on the Board of Directors of the Coasters Association Inc., in 2005.

#### Justice

- ◆ Completed an assessment and developed a general crime prevention orientation in 2003 – 2004.
- ◆ Conducted a contest in 2004 in seven secondary schools on crime prevention (students researched information and participated in a logo contest to create awareness about crime).