

Achievements

The Coasters Association has had many achievements over the years that it is proud of. Its pride is rooted in its belief that these achievements have contributed to the development and vitality of the region's communities. What follows is a selection of the organization's major initiatives.

In terms of **youth / education initiatives**, Coasters has:

- ◆ Through the partnership with CSL, the R2 dropout prevention program implemented in eleven (11) communities on the coast since 2013.
- ◆ In partnership with CSSSBCN, Speech Therapy services provided to youth since 2010.
- ◆ Developed a How-to Manual as a model for implementing future YMCA youth programs through the Ys of Quebec in 2010.

Basse-Côte-Nord en forme Movement

- ◆ Lead and maintained the Quebec en forme Movement (newly named Basse-Côte-Nord en Forme) on the Lower North Shore since 2008 by employing a Coordinator and six (6) Animators working in participating communities (Chevery, Harrington Harbour, Gros Mecatina, Bonne Esperance, St. Augustine, and Lourdes de Blanc Sablon) focusing on physical activities and healthy eating aspects for youth ages 0-17.

Bullying & Violence

- ◆ Carried out a needs assessment study of four hundred and sixty-eight (468) students attending ten (10) schools across the coast ages 6-17, four hundred and eleven (411) parents, twenty-six (26) regional organizations, eight (8) institutions and four (4) municipalities and identified the seriousness of bullying and violence in each school, home, and community on the Lower North Shore in 2010.
- ◆ Database created of five (5) English School Boards in Quebec and five (5) online organizations identifying their programs, services and resources in relation to Bullying and Violence Prevention Promotion in 2010.
- ◆ Developed eleven (11) Bullying Violence Preventative Kits and distributed to eleven (11) Elementary Schools on the coast to provide youth ages 6-12 learning tools on bullying and violence related issues in 2010.
- ◆ A report created Assessing the Needs and Creating Innovative Approaches to Bullying and Violence Prevention and Promotion detailing all actions of the project including the results of the needs assessment study in 2010.
- ◆ Seven hundred and ninety-nine (799) t-shirts were purchased offered in both English and French designs and distributed to all schools to take part in Pink T-shirt Day on April 14th, 2010.
- ◆ Carried out two (2) contests geared towards the involvement of youth in their communities for National Child Day under the themes "How I contribute to my community" in 2003, and "A Canada fit for Children" in 2004.

Post-Secondary Education

- ◆ Held the 2011 Youth Employability Youth Forum in the Municipality of Bonne Esperance for Secondary IV and V students attending St. Paul's School, 2 students from Netagamiou School, Mecatina School, and St. Augustine School and Netagamiou School connecting via video conference.
- ◆ Organized and facilitated a Lower North Shore Career / Job Fair at Ecole Mgr Scheffer in Lourdes de Blanc Sablon. One hundred and sixteen (116) Secondary III, IV, & V students from across the coast attended along with eighteen (18) local businesses and organizations and eleven (11) post secondary educational institutions in January of 2010.
- ◆ Collaborated with YES to coordinate a 'Meet and Great' workshop in Montreal for post-secondary students by distributing an informative pamphlet on the event throughout the coast in 2010.
- ◆ Created in 2004-2005 a program called "Youth Motivation" which seeks to decrease the dropout rate, inform students of educational/employment opportunities and motivate youth to pursue post secondary education.
- ◆ Created a pamphlet entitled, "Life's Choices, Taking Charge of Your Future" in 2004.
- ◆ Designed and delivered in 2003 - 2004 a series of workshops entitled "Taking Charge of Your Future". The workshops were offered to secondary students in order to decrease the drop-out rate, to recognize students and to motivate them to further their education.
- ◆ Completed a financial assistance guide for post-secondary students in 2001. The guide includes information on: loans and bursaries programs, scholarships and awards, financial support from Colleges and Universities, tools to find employment, and student employment
- ◆ A pamphlet was produced entitled "The Coasters Association assisting the youth of the Lower North Shore", in the year of 2001.
- ◆ Sponsored scholarship awards and certificates for one Secondary V student in each of the five high schools on the LNS since 1991.

Teen Issues

- ◆ Created a resource library handbook of all in office resource material and online research pertaining to teenage issues and categorized them into seventeen (17) content topics in 2007.
- ◆ Developed Parents with Teens Resource Website Guide in 2007.
- ◆ Produced 25 Survival Packs for parents with teens containing books covering 17 teenage content topics and disbursed them to 5 high schools, 3 CLCs, 9 social workers with CSSSBCN, CSL, CHSSN, Health Canada, and 5 available at the Coasters Association in 2007.
- ◆ Carried out the Voices and Choices survey in three (3) schools (École Mgr Scheffer, St. Paul's School, and St. Augustine) on the coast in 2006.

Literacy

- ◆ Assisted with CSL with International Literacy Day in six schools on the coast in 2008.
- ◆ Identified over fifty off coast organizations, and seven (7) organizations on the coast working in the field of literacy and second language skills determining the literacy programs and services available through their organization in 2008.
- ◆ Created a database regarding mentoring programs offered throughout Canada in 2008.
- ◆ Developed an Implementation Plan to respond to the challenges of long distance literacy and second language skills in 2008.
- ◆ Worked on a literacy project in 2001 concerning the status of literacy and literacy-based services on the Lower North Shore.

Youth consultations / workshops / Tours/ Events

- ◆ Collaborated with CSSSBCN and CSL and held workshops geared towards maintaining good mental health with youth ages 11-17 in 2010.
- ◆ Collaborated with Free the Children Foundation and CSL and carried out a Youth for Change Speech Tour in five schools on the Lower North Shore in 2010.
- ◆ Organized the three (3) mother/daughter Dove Sleepover for Self-Esteem at St. Paul's School in 2008, 2009, and 2010.
- ◆ Assisted with sending two (2) youths from St. Paul's School to St. John's, NL, to attend Music Camp at The Music Collection Company in 2010.
- ◆ Assisted with the YMCA exchange trip in 2010 for Mecatina School.
- ◆ Partnered with YMCA and carried out two (2) arts based programs (Photo/video and Hip-Hop/Break dance) on the Lower North Shore in La Tabatiere, Chevery, and St. Paul's River in 2010.
- ◆ Assisted with the three (3) YMCA exchange trips in 2009 for St. Paul's School, Gros Mecatina School, and Netagamiou School.
- ◆ Carried out a Youth Consultation with a total of twenty-five (25) youth ages 16-29 from five (5) municipalities and twenty-six (26) representatives / partners connecting via video conference in four locations on the Lower North Shore Addressing Topics related to youth out migration and retention in 2008.
- ◆ The Youth Coordinator and a youth from the 2008 Youth Consultation attended the GENERATION Provincial Youth Forum in Montreal with 100 participants in attendance addressing challenges related to bilingualism, identity, isolation and community life.
- ◆ Supported the École en Santé Movement in schools on the LNS since 2007.
- ◆ Organized the first Youth Forum held on the coast, in St. Paul's River in 1997 and formed the Youth Coalition in August 1998.

KIDS Summer Camp

- ◆ The 2013 KIDS Summer Camp theme entitled: 'Exploration Celebration' received a total of eight-five (85) youth attending four (4) camps along the coast and eleven student jobs were created.
- ◆ Obtained eighty (80) life jackets through the Open Water wisdom Campaign and disbursed them to the four (4) camps along the coast in 2013.

- ◆ The 2012 KIDS Summer Camp theme 'When I Grow Up' housed a total of eight-two (82) youth in four (4) camps on the Lower North Shore and eleven (11) student jobs were created.
- ◆ The 2011 KIDS Summer Camp ran with the theme 'Up in the Air' with a total of one hundred and eighteen (118) youth attended in four camps along the coast and thirteen (13) student jobs created.
- ◆ An implementation Plan completed for the French Teen Immersion camp in 2010
- ◆ An Operational Manual, First Aid Manual, and a Training Manual were produced for the French Immersion Teen Camp in 2010.
- ◆ A feasibility study created identifying the demand for a French Immersion Teen Camp along the Lower North Shore in 2009.
- ◆ The Municipality of Blanc Sablon was identified as the French Immersion Teen Camp pilot project on the Lower North Shore in 2010.
- ◆ The 2010 KIDS Summer Camp ran with the theme 'Green Adventure' and gained the partnership of QEF, YMCA, and YWCA coordinators and animators. A total of one hundred and thirty two (132) youth attended in the four (4) camps along the coast and fourteen (14) student jobs were created.
- ◆ The 2009 KIDS Summer Camp's theme was 'Going Green' based on environmental friendly themes such as horticulture, recycling, clean air, etc... A total of sixty-eight (68) youth attended in the four (4) camps on the Lower North Shore and eleven (11) student jobs were created.
- ◆ In 2008 a project entitled "Feasibility of Implementing Youth Camps on the Lower North Shore" was created to maintain the four camps and partnered with the Eau-Naturelle Discovery Camp in Chevery under the theme 'Ocean Odyssey'. A total of ninety (90) youth attended in four (4) locations on the coast and eleven (11) student jobs were created.
- ◆ In 2007, KIDS Summer Camp expanded in the communities of La Tabatière and Blanc Sablon as well as St. Paul's River and St. Augustine. A total of ninety-three (93) youth attended the camps and four (4) student jobs were created.
- ◆ In 2006, the camps only operated in St. Augustine & St. Paul's and was established by community members of these two municipalities. A total of twenty-eight (28) youth attended and four (4) student jobs were created.