

Middle Bay:

Middle Bay is a small village with an intriguing history. Basque fishermen crossed the Atlantic to fish cod and whales in the Strait of Belle Isle during the 16th century; leading to the permanent settlement of this small fishing village. You can find artefacts and exhibits of Middle Bay's vibrant history at their local Interpretation Centre.

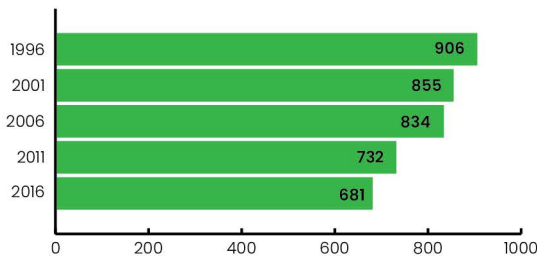
St. Paul's River:

One of the oldest settlements on the Lower North Shore, St. Paul's River is located on a bay sheltered by islands near a world-class salmon fishing river of the same name. The village is also famed for its invention of the cod trap by William Henry Whiteley, which revolutionized the cod fishing industry in Eastern Canada.

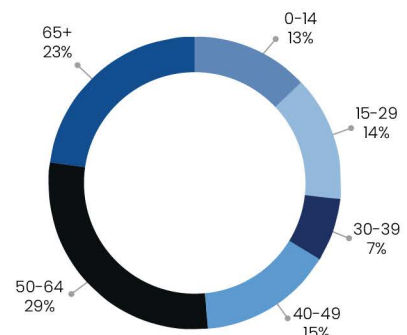
Old Fort Bay:

Old Fort Bay is a community with a long and intriguing history and lively cultural traditions. The village provided a perfect port for early European fishing fleets. It is presumed that the name comes from an early trading fort built in the area. Nowadays, many residents continue to work in the fishing industry.

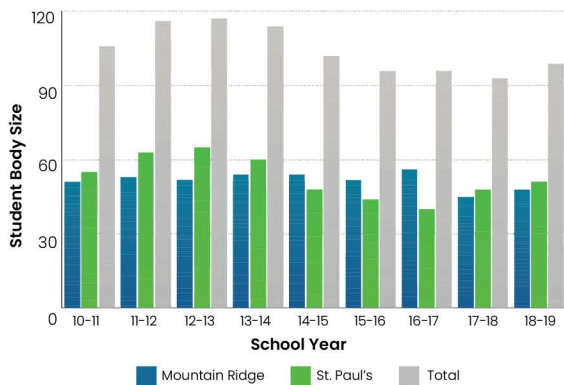
Population Trends 1996-2016¹



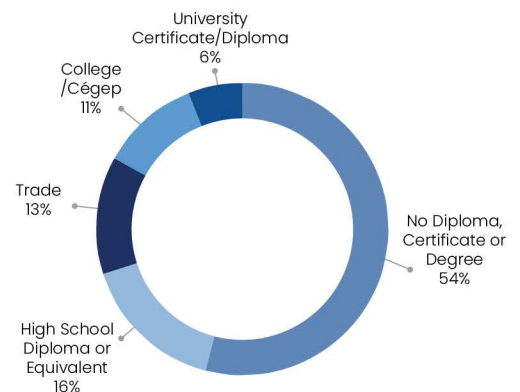
Population Age Groups 2016¹



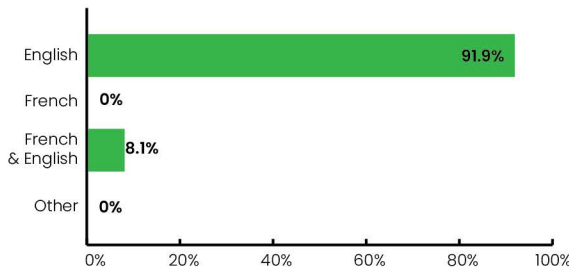
Elementary & Secondary Population²



Education Levels 2016¹



Languages 2016¹



Unemployment Rate: 50%¹

¹ All data is taken from Statistics Canada.
² All data is taken from Centre de services scolaire du Littoral annual reports.