

# ACTION FRAMEWORK

## Supporting the Well-Being of Minority English-Language Youth, Schools and Communities

What do we want to achieve?  
**outcomes**

**Youth Well-Being**

**School Well-Being**

**Community Well-Being**

How do we do it?  
**building blocks**

**1 1** increasing  
Awareness of resources to English-speaking youth

**2 2** promoting  
Healthy lifestyles

**3 3** offering  
Whole school & community initiatives

**4 4** encouraging  
English-speaking youth to persevere

What is the best approach?  
**lessons learned**

Understand their specific health related needs and challenges  
Transfer available information and resources in English to them  
Encourage youth to seek professional support and resources  
Communicate youth's needs to professionals (nurses, social workers)

Consider activities that achieve health and education outcomes  
Support the school in achieving its school success plan  
Education and experiences to enhance youth's emotional well-being and resiliency  
Enhance and promote the schools' physical and social environments

Enhance relationships between students, teachers and families  
Recruit English-speaking parents and volunteers to support  
Comprehensive activities that extend beyond the classroom  
Support teachers involvement in extracurricular activities

Motivate youth to become bilingual and develop a sense of belonging  
Support youth in increasing their social and linguistic connections  
Encourage youth to take pride in their distinct identity  
Help youth in realizing a future in Quebec (education, careers)

How can we ensure success?  
**being strategic**

**Build**  
Caring and trusting relationships with youth

**Engage**  
Youth in the design and delivery

**Transfer**  
Anglophone culture and heritage

**Expose**  
Youth to opportunity

Guiding Principle - School and Community-Based Partnerships